



## 2019 CGL WEBINAR CALENDAR



### **Putting the year in perspective.**

2018 was quite the year for the Center for Grateful Leadership, and our small monthly chats grew into wonderful webinars full of exciting dialog, brainstorming, and presentations with some amazing guest speakers!

Here's a look at the 2019 webinar calendar!



## Start the New Year with a spirit of gratitude & affirmation for others

Focus on the Five C's - *Consciousness*: Become conscious of the acknowledgments and gratitude that you already have in your mind and spirit. They really are already there!

---



## Love is celebrated this month, as the best way to interact with others

Focus on the Five C's - *Choice*: It is your *Choice* whether to deliver the acknowledgment or to merely keep it floating around in your mind. Choose yes whenever possible!

---



## Spring forward this year in improved relationships with others

Focus on the Five C's - *Courage*: It is courageous to deliver a heartfelt and authentic acknowledgment. If you feel nervous or embarrassed and that you need to summon up *Courage*, you know you are on the right track!

---



## Plant seeds of appreciation carefully, water them, and now wait patiently for the fruit to emerge

Focus on the Five C's - *Communication*: Figure out the best way to reach your recipient. There are so many ways to do so. It is simple to Communicate your gratitude and appreciation in whatever form you choose - anything from Skype to skywriting.

---



As flowers blossom in the spring season,  
our relationships with others will also  
flourish if we follow the best practices

Focus on the Five C's - Commitment: Once you witness the benefits of grateful appreciation, see your people come alive, take more initiative and work with passion and engagement, Committing yourself to being a Grateful Leader and acknowledging people from your heart and spirit becomes easy and logical.



Like summer warmth on the beach,  
gratitude can recharge the batteries of  
our team members & family

Focus on the 7 Principles of Acknowledgment: The world is full of people who deserve to be acknowledged.



May our nation become more united  
by focusing on the value of each other  
rather than our differences

Focus on the 7 Principles of Acknowledgment:  
Acknowledgement builds intimacy and creates powerful  
Interactions.



Like summer heat, difficult circumstances  
need to be cooled down sometimes, by  
using the tools of Grateful Leadership

Focus on the 7 Principles of Acknowledgment: Acknowledgment neutralizes, defuses, deactivates, and reduces the effect of jealousy and envy.



---

## Labor Day is all about appreciating the laborer

Focus on the 7 Principles of Acknowledgment: Recognizing good work leads to high energy, great feelings, high-quality performance, and terrific results. Not acknowledging good work causes lethargy, resentment, sorrow, and withdrawal.



---

## Just as leaves change to beautiful colors in autumn, the positive changes made in our own lives are on display to all

Focus on the 7 Principles of Acknowledgment: Truthful, heartfelt, and deserved acknowledgment always makes a difference, sometimes a profound one, in a person's life and work.



---

## Have that Thanksgiving spirit & count your blessings – not only this month but each day of year

Focus on the 7 Principles of Acknowledgment: It is likely that acknowledgment can improve the emotional and physical health of both the giver and the receiver.



---

## As we celebrate the beauty of this season, let us give the gift of affirmation to each other

Focus on the 7 Principles of Acknowledgment: Practice different ways of getting through to the people you want to acknowledge.

[VIEW THE 2018 ARCHIVES](#)



Like



Tweet



Share



Forward